



# CYSTOSCOPY

*Date of Surgery* \_\_\_\_\_

QHC#30

## **What is a Cystoscopy?**

A cystoscopy is a surgical procedure using a special telescope like instrument with a light at the end (cystoscope) allowing your doctor to see inside your bladder. It is used to diagnose and/or treat problems of the urinary tract, bladder and prostate. It may also be used to biopsy bladder tissue, remove stones and take special x-rays of the kidneys.

A local anaesthetic is commonly used to numb the area, which is inserted into the urethra in the form of a gel. The procedure takes about 15-20 minutes. Your surgeon will discuss the findings with you.

## **After the Procedure**

You may experience some minor discomfort (burning when passing urine), have a small amount of blood in the urine or you may pass urine frequently. This should subside within 48 hours.

Resume your regular diet as tolerated. Drink plenty of fluids (8-10 glasses per day) to help keep your urine clear.

If you are unable to pass urine, a warm tub bath or shower may help.

**Call your surgeon or go to the nearest Emergency Department if you experience:**

- Pain, burning sensation when passing urine that lasts longer than 48 hours
- Cloudy or foul smelling urine
- Increased blood in the urine
- Unable to pass urine, or a feeling of fullness in the bladder after urinating

## **Appointment**

Call your surgeon's office to see if you need a follow-up appointment.

## **Special Instructions**

## **Questions?**

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